



## Let's make a difference together!

HELP IMPROVE THE QUALITY OF LIFE FOR  
CANCER PATIENTS, SURVIVORS, AND  
THEIR FAMILIES IN OUR REGION



### Join us for the CPCS Radiothon

We're excited to once again take part in hosting the Central Plains Cancer Services Radiothon at our branches! Stop by any of our branches on March 20 & 21 to donate, grab a cookie, and check out the radiothon. Golden West will be broadcasting live from our MacGregor branch Thursday afternoon, our Gladstone branch Friday morning, and our Neepawa branch Friday afternoon.

If you can't make it in on Thursday or Friday we're accepting donations at all of our branches throughout the week and during the Radiothon. Every dollar makes a difference in supporting those facing cancer in our region.

[Learn more](#)



[stridecu.ca](http://stridecu.ca)

CCUA | ACCF

### Proudly Canadian

Credit unions are 100% Canadian-owned, deeply rooted in local communities, and dedicated to building long-term prosperity for businesses and individuals. During uncertain times, our commitment to financial stability and flexible support remains unwavering. At Stride Credit Union, we're proud to be part of this national effort, offering personalized solutions and expert advice to help our members navigate economic uncertainty with confidence. Whether you're planning for the future, growing your business, or simply looking for a financial partner you can trust, we're here to support you every step of the way.



## Each One Teach One Workshops

Stride team members have been busy this month partnering with Each One Teach One to deliver Financial Literacy Workshops in our communities! Each workshop provides clear and practical financial knowledge, without ties to any products or services, with the sole goal of empowering individuals to make the right financial decisions for themselves and their families.

So far in 2025, Bansri, Kristine, and Michelle have led 6 workshops on topics like Basic Banking, Credit History, Financial Wellness for Seniors, and more!

Interested in a **free** financial workshop? Reach out to [marketing@stridecu.ca](mailto:marketing@stridecu.ca) to request one!

[Learn more](#)

## FRAUD PREVENTION MONTH



## March is Fraud Prevention Month

Scams are everywhere these days, and fraudsters are using more sophisticated tactics to target people of all ages. At Stride, we take your security seriously and are always working to protect our members from financial fraud. Whether it's spotting common scams, securing your accounts, or sharing the latest fraud prevention tips, we're here to keep you informed and one step ahead.

In case you missed it, we've been sharing fraud prevention tips on [social media](#) this month. Here are some of the top ways to protect yourself:

### **Beware of Impersonation Fraud**

Follow these tips to protect yourself:

- Verify unexpected calls: If you receive a call asking for personal information or money, **hang up** and call back using a legitimate number from the official website.
- Ignore suspicious texts and emails asking for personal info or money. Legitimate organizations will **not** ask for sensitive details this way.



- Protect your security codes:  
**Never share** one-time passcodes or MFA codes with anyone.

## Protect your passwords

Your passwords are personal! Never share them with anyone. If someone is asking for your password, **it's a scam**. Stride Credit Union will **NEVER** ask for your login password—not by phone, email, or text.

Protect your passwords by using strong, unique passwords for each of your accounts.



## E-Transfer Scams

Look out for these common e-transfer scams:

- Fake refunds from the CRA or Financial Institutions.
- “Overpayment” scams when selling items online.
- Urgent requests from friends or family.



If something seems suspicious, [contact Stride Credit Union](#) directly. Stay alert and protect your money!

## Staff Spotlight

### MEET HELEN SMITH



Born and raised in the Austin area, Helen works out of Stride Credit Union's MacGregor branch. Helen worked for 10 years as a hairstylist while starting her own family, which led to many connections in the area. She completed accounting-related college courses to assist with her family's farming operation and small business. Helen is now a Financial Experience Officer at Stride Credit Union, working in lending and deposit services to help members reach their financial goals.

Are you looking to make the most out of your money? Get in touch with Helen or any of our other amazing Financial Experience Officers and experience the exceptional service that Stride has to offer.

Call us at 877-228-2636, email [contactus@stridecu.ca](mailto:contactus@stridecu.ca) or visit [stridecu.ca](http://stridecu.ca).

[Book an Appointment](#)



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